

EMDR Therapy Training Participation Agreement/Registration

Please read this material in its entirety and initial where indicated in acknowledgement of your agreement to the following:

EMDR Therapy Training Curriculum

The goal of this EMDR Therapy Training is to provide clinicians with a complete integrated training in EMDR therapy. This program supports clinicians in meeting the minimum standards established by EMDRIA, as well as specific additional curriculum in dissociation. The goal is to provide clinicians with the knowledge and skills to utilize EMDR therapy, a comprehensive understanding of case conceptualization and treatment planning, and the ability to integrate EMDR therapy into their clinical practices.

This EMDR Therapy Training is divided into Part One and Part Two, which include 31 hours of instruction and 21 hours of supervised practicum. In addition, there are 10 hours of consultation that must be completed. *Please note that trainees are not considered EMDR Therapy Trained until they have completed all of the aforementioned requirements and will receive a Certificate of Completion upon completing the entire course.*

Part One of the course emphasizes education in the following areas:

Defining Trauma: Non-Complex/Complex
The Historical Evolution of EMDR Therapy
The Adaptive Information Processing Model (AIP)
Hypothesized Mechanisms of Action
Neurobiological Aspects of EMDR Therapy
Applications of EMDR Therapy & The AIP Model
Treatment Guidelines / Current EMDR Therapy-Related Research
3 Prongs (Past/Present/Future) & 8 Phases of EMDR Therapy

Part Two of the course emphasizes education in the following areas:

A Review of the AIP Model
A Review of the 3 Prongs (Past/Present/Future) & 8 Phases of EMDR Therapy
A Review of Working With High Levels of Affect/Blocked Processing
The Cognitive Interweave
Advanced Methodology: Protocols and Procedures for Special Situations
An Introduction To Structural Dissociation Theory
Additional Stabilization Skills For Complex Cases
Professional, Legal, Ethical Issues
Navigating the EMDR Practitioner and Organizational Landscape

Trainees are required to obtain and read the Francine Shapiro's primary text prior to the beginning of the course. Shapiro, F. (2018). *Eye Movement Desensitization and Reprocessing, Basic Principles, Protocols and Procedures*. (3rd ed.). New York: The Guilford Press.

Trainees are also required to read Francine Shapiro's book for clients prior to beginning of the course. Shapiro, F. (2012). *Getting Past Your Past*. New York: Rodale.

Additional Recommended Reading: Leeds, A.M. (2009). *A Guide to the Standard EMDR Protocols for Clinicians, Supervisors, and Consultants*. Springer Publishing Company, New York.

Instructional (31 Hours): The majority of time will be spent teaching EMDR Therapy methods, as well as case conceptualization and treatment planning. The instructional component of this course is highly interactive; trainees will learn via combination of didactic work, videos and live demonstrations.

Supervised Practicum (21 Hours): The goal of the Supervised Practicum is to facilitate the demonstration and practice of the EMDR therapy methodology by trainees as outlined in the Shapiro text, and the EMDRIA Definition of EMDR therapy. To achieve the goals of the Supervised Practicum, practice may be done in dyads or triads. The role of the clinician is required, as is the role of clinical recipient. The role of "observer" is preferred but not mandatory; the number of participants will determine the availability of the Observer role during the supervised practicum. To help apply theory and practice, trainees will receive direct behavioral observation and feedback while they work on real life experiences. An additional EMDRIA Approved Consultant or Consultant in Training may help to facilitate the practicum under the consultation of myself. The ratio of practicum supervisor to trainees will not exceed 1:10 to allow for direct behavioral observation of each trainee.

Consultation (10 Hours): Consultation provides an opportunity for the integration of the theory of EMDR therapy along with the development of EMDR therapy skills. During consultation trainees receive individualized feedback and instruction in the areas of case conceptualization, client readiness, target selection, treatment planning, specific application of skills, and the integration of EMDR therapy into clinical practice. Trainees will develop and integrate EMDR therapy skills creatively into their existing practices in a way that enhances clinical efficiency and effectiveness in helping a wider range of clients meet their goals for change. Through consultation, trainees will be able to safely and effectively integrate the use of EMDR therapy into their clinical setting.

The 10 consultation hours are provided in developmental increments to extend over the course of the training. Trainees will be required to present actual cases in order for them to receive consultation on how to further develop and integrate their EMDR therapy skills in clinical practice. The 10 consultation hours are accomplished via 4 consultation meetings, in blocks of 2 hours each (8 Hours). In addition, 1 hour of consultation begins immediately after the Part One course, and another 1 hour of consultation begins immediately after the Part Two course (2 Hours). The consultation hours will be pre-scheduled, and under

extenuating circumstances may be subject to change to ensure that all attendees can benefit. Consultation hours are usually accomplished via a secured online video and teleconference system.

Participant Eligibility Requirements

Please note that Dragonfly International Therapy, LLC reserves the right to refuse those individuals who do not meet EMDRIA's required guidelines as indicated below. The following Eligibility Requirements for EMDR Training are taken directly from the EMDRIA website Retrieved February 6th, 2016 from <https://www.emdria.org/page/60>

Licensed Mental Health Professionals

- Qualifying Medical Doctors must be licensed to practice in their state or province.
- Qualifying Advanced Practice Registered Nurses must have a Master of Science in Nursing (or higher) with a specialization in psychiatric mental health nursing and must be licensed to practice through their state board or province.
- Qualifying Mental Health Clinicians must have a Master's Degree in the mental health field (Counseling, Marriage Family Therapy, Psychology, Psychotherapy, Psychiatry, Social Work) or related mental health discipline and be licensed to practice through their state board or province.

Pre-Licensed Mental Health Professionals

- These are clinicians who are actively pursuing a mental health license through their state board (or province) while working under a licensed supervisor. Some of these license types may include: associate, intern, limited, provisional, temporary and pre-license.
- Qualifying Pre-Licensed Mental Health Clinicians must have a Master's Degree in the mental health field (Counseling, Marriage Family Therapy, Psychology, Psychotherapy, Psychiatry, Social Work) or related mental health discipline and must be actively pursuing a full license through their state board (or province) while working under a licensed supervisor.

Graduate Students

- Qualifying graduate students must be enrolled in a Master's or Doctoral program in the mental health field (Counseling, Marriage Family Therapy, Psychology, Psychotherapy, Psychiatry, Psychiatric Nursing, Social Work) or related mental health discipline. Students must have completed their core graduate academic coursework and must be in the practicum/internship portion of their graduate program. **First year graduate students are not eligible.** Graduate students must be on a licensing track and working under the supervision of a fully licensed mental health clinician.
- Graduate students who would like to take an EMDR Training will need to submit certain documentation (graduate transcript, practicum or internship details, and a letter from their supervisor which includes the supervisor's license information and number) in order to verify their eligibility.

I confirm that I meet the eligibility requirements for EMDR Therapy training and will provide the required documentation when requested by Dragonfly International Therapy, LLC. _____

EMDR Therapy Training Costs

I am aware that the costs of the EMDR Therapy Training are indicated below, as well as what is included in the fees. I am also aware that payment, any requested materials, and registration details must be completed before I am considered fully registered and able to attend. I am aware that if I do not complete my registration and payment that my available space may be given to another registrant who has already fully completed the registration process. _____

EMDR Therapy Training Manual

Part One (*14 Instruction Hours, 12 Hours of Practicum*)

Part Two Training (*17 Instruction Hours, 12 Hours of Practicum*)

Consultation (*1 Hr. Part One Final Day + 1 Hr. Part Two Final Day + 8 Hrs. of prescheduled consultation online meetings*)

Early Registration Cost: **\$1,500**

Post-Deadline Registration Cost: **\$1,800** (No Exceptions)

Definition of Consultation

I understand that consultations do not constitute employment or clinical supervision, nor will I identify it as such. I understand that I remain completely responsible, clinically, ethically, and legally, for the decisions and services that I provide my clients. I also affirm that I am independently licensed in my jurisdiction, carry malpractice insurance or if a graduate student, or a pre-licensed clinician, that I am under supervision of a licensed clinician. I will provide evidence of malpractice insurance upon request. _____

As a part of my individual and group consultation, I agree to notify my clients and obtain their written consent in advance of presenting any confidential material. I will not provide identifiable patient information and will treat as confidential any material presented by others in my training group. _____

Refund Policy and Cancellation Policies

This EMDR Therapy Training Course is a comprehensive and highly interactive 62-hour experience that requires every participant to be highly involved in the learning process through collaborative discussion, extensive lecture, demonstrations, practicums, and consultation. As a result, participants are better prepared to not only learn EMDR Therapy, but also identify how they will successfully integrate EMDR Therapy into their practices. Each participant who registers and provides payment for the EMDR Therapy Training course assumes commitment and acknowledges the requirement to attend *all* 62 hours in order to complete this EMDR Basic Training.

All cancellations must be and will only be accepted in writing by email to Sarah@DragonflyInternationalTherapy.Com or a letter postmarked in accordance with the times indicated below. Cancellations will not be accepted via phone or voicemail.

Cancellations received *30 days* or less prior to the start date of the program will be refunded the training fee less a \$500 administrative fee. No exceptions will be granted to this policy for any reason. _____

When cancellations received less than *14 days* prior to the start of the program, training fees will not be refunded. No exceptions will be granted to this policy for any reason.

Dragonfly International Therapy, LLC reserves the right to cancel programs with inadequate enrollment at the *30-day mark*. ***It is for this reason that participants are encouraged not to pay for any non-refundable travel arrangements prior to that 30-day mark.*** _____

Please also be aware that registration and payment is a commitment to attend. If you do cancel 30 days or more prior to the start of the program, it may lead to the cancellation of the whole course for others. _____

If Dragonfly International Therapy, LLC has to cancel programs with inadequate enrollment, the full training fees paid will be fully refunded. _____

Any additional expenses associated with the cancellation of the program, at any point, including but not limited to, travel expenses, lost income, and other additional costs are *not* the responsibility of Dragonfly International Therapy, LLC should the program be cancelled due to inadequate enrollment. _____

Once the training program has commenced, no partial or full refunds will be given for withdrawal from the program for any reason. _____

Your registration serves as your commitment to attend and complete *all* 62 hours. ***There are no partial credits or refunds for missed sessions.*** The participant acknowledges that to make up *any* missed portion of the event(s), including partial attendance or any pre-scheduled consultations, would involve privately scheduling with Sarah Jenkins at an additional charge of \$150 per hour, per person. _____

Injury or illness does not automatically disqualify you from this refund and cancellation policy. Any deposits or payments MAY BE transferable to the next immediate EMDR Therapy Training offering only. _____

Beginning January 1, 2017 participants who begin the EMDR training must complete the entire training, all 62 hours, within 24 months from their initial start date unless there are extraordinary circumstances. _____

Informed Consent

I agree that I will treat as confidential any material presented by others in my EMDR Therapy training as well as conduct myself in the EMDR Therapy training in accordance with the ethics of my profession. _____

I agree that as part of my participation in the Training that I will be expected to participate in clinical practicum hours where I will be in role of “therapist” as well as “client.” In doing so, I fully understand that the practicum session(s) may include questions about my personal trauma history and emotional, psychological, and physical symptoms I may be experiencing. _____

I am also aware that the experience of being “client” in this course not only provides me with the opportunity to experientially learn what it is like for clients to do EMDR therapy, but to also provide other participants with the opportunity to experientially learn EMDR therapy. _____

I also understand we will address personal issues as part of the EMDR Therapy training process, but these experiences do not constitute the existence of a psychotherapy relationship with training participants or the trainer. _____

I am aware that if I am currently under the care of a therapist or psychiatrist that I have informed my provider that I am seeking to attend the EMDR Therapy training. I have discussed this with my provider, reviewed my readiness for pursuing the training, especially the experiential portion, and have obtained his or her agreement of my readiness to attend and fully participate. _____

I am aware that if I am currently under the care of a medical professional for optical issues, a heart condition, or pregnancy that I have discussed this with my provider, reviewed my readiness for pursuing the training, especially the experiential portion, and have obtained his or her agreement of my readiness to attend and fully participate. _____

I also understand that in addition to participating in lecture and practicum experiences that a large portion of the EMDR Therapy training will include, but is not limited to, the discussion of trauma related topics and content, case studies, case consultations, videos, and in person demonstrations. I am aware that the nature of EMDR therapy, and therefore the EMDR Therapy training itself, is potentially activating of trauma related personal material. _____

I am aware that as part of my informed consent to participate that it is my responsibility to ensure that I have sufficient coping skills, calming skills, and distress tolerance to be able to manage my response to potentially activating traumatic material through this EMDR Therapy Training. _____

If I currently have been diagnosed with and/or have been receiving treatment for and/or it has been recommended that I pursue treatment for complex PTSD, a dissociative disorder, or substance abuse, it is my responsibility to inform the trainer in advance. A failure to do so could not only impact my learning experience, but also my mental health, others' learning experiences, as well as my ability to complete the EMDR Therapy training.

I am aware that that the trainer's adherence to the ACA Code of ethics dictates that the trainer may require students to address any personal concerns that have the potential to affect professional competency and/or address the inability of a participant to achieve the associated EMDR Therapy training competencies. _____

I am aware that through the process of learning any therapeutic modality that there is a parallel process of learning about one's personal work. With this in mind, I am aware that if my personal issues or distress disrupts my ability to fully learn the EMDR Therapy training material that I may be asked to leave the training with the recommendation to seek therapeutic support and address these issues in order to better prepare myself to learn EMDR Therapy. I am aware that it is my responsibility to seek these professional services and that the trainer would not provide such services _____

I am aware that if my inability to manage my distress disrupts others' ability to fully learn the full EMDR Therapy material, causes interpersonal conflict, or I engage in behaviors that impact the emotional and/or personal safety of or disrupt the training milieu, that I will be given a warning by the trainer who also has the right to dismiss me from the course. If I am dismissed, no form of refund will be given. _____

I am aware that Dragonfly International Therapy, LLC has no liability or responsibility for my participation or involvement in any portion of the EMDR Therapy training nor in my use of EMDR Therapy in clinical practice. _____

I understand that Dragonfly International Therapy, LLC is the exclusive owner or licensee of all materials utilized in the training including, but not limited to, all printed, audio, video, digital, online, and other materials ("Materials"). Any other trademarks are owned and managed by their respective owners. The Materials also include all duplicates, reproductions, and derivatives of the Materials, as well as any materials, research, books, articles, and other works of authorship, as well as products or services, created by Dragonfly International Therapy and related to the Training (collectively, "Materials"). Dragonfly International Therapy retains all rights in and to all intellectual property utilized or referenced in the Training and the Materials including, but not limited to, the copyrights in the Materials and all associated trademarks. No Materials or any portion thereof are sold or otherwise distributed without expressed permission from Dragonfly International Therapy, LLC. _____

I am aware that my participation in this training does not qualify me to train others in EMDR therapy. _____

Grievance Process / Ethics

I have read and fully agree that I will abide by the code of ethics and code of conduct of my respective clinical profession. _____

If differences arise, both Dragonfly International Therapy, LLC and I commit ourselves to resolve any issues in a professional and mutually beneficial manner, including, if necessary, bringing in a third party for conflict resolution purposes. Ethics complaints will be referred to the appropriate state licensing board for further investigation. _____

Americans with Disabilities Act/Equal Opportunity

Please note that the Americans with Disabilities Act (ADA) prohibits discrimination and ensures equal opportunity for persons with disabilities. To provide the opportunity for equal access, this workshop will be held at an ADA compliant facility and reasonable accommodations are accessible to those with disabilities. To provide for equal opportunity these workshops support cultural diversity, regardless of an individual's sexual orientation, gender identity, race, ethnicity, culture or religion, and do not engage in discriminatory behavior or bias. Participants seeking to request accommodations can contact Sarah Jenkins MC, LPC directly via email Sarah@DragonflyInternationalTherapy.Com in order to do so.

I am registering and participating in this training of my own will and volition and voluntarily agree to all the terms and conditions of this participation agreement.

_____ Signature _____ Date

Name _____

Degree _____

Professional Association _____

License Number _____

Phone (Day) _____

Phone (Evening) _____

Address: _____

eMail _____

After submitting your registration online, and this participant agreement online, please scan and eMail to Sarah@DragonflyInternationalTherapy.Com *or* send to Dragonfly International Therapy, LLC 3231 S. Country Club Way, Suite 111, Tempe, AZ 85282 the following required materials:

1. A copy of your degree
2. A copy of your independent license or pre-independent license
3. Pre-independent licensees: A letter from their current supervisor, which includes the supervisor's degree information, licensure information and license number.
4. Copy of your professional liability insurance
5. Students: Graduate transcript, practicum or internship hours, curriculum vita, and a letter from their current supervisor, which includes the supervisor's degree information, licensure information and license number. Note: If participants are currently enrolled in a graduate program, they must have completed their core coursework and be working under a licensed supervisor in an internship/practicum setting. **First year graduate students are not eligible.**

Please note that your registration is *not* considered complete until these materials are provided. If these materials are not obtained, you may not be able to attend.